

Self-management support interventions for chronic kidney disease: Experiences, preferences and needs of adult patients and their caregivers

What is the goal of the study?

To explore experiences and preferences of adults with chronic kidney disease (CKD) and their caregivers' regarding CKD self-management interventions, as well as to identify further self-management intervention needs in this area.

What would being a participant involve?

Participation in a group discussion **or** phone interview (\$50 reimbursement to cover time, parking, etc.)

Group discussion: 90 minute in-person group meeting locally

Phone interview: 60 minute phone interview

You can participate if you are:

- ✓ 18 years of age or older and able to provide informed consent
- ✓ able to read, write and speak English
- ✓ a patient who has been told that they have CKD or an eGFR < 60 mL/min/1.73 m² and is **not** on dialysis or has had a kidney transplant
- ✓ an informal caregiver of an adult with CKD (relative, family member, or friend who helps a patient manage their illness) with an awareness of the individuals illness

If you or someone you know is interested, please contact Mo Donald.

Participation is entirely voluntary.

Please contact:

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